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Preparing Your Video Resume

- FOLLOW THE SAME PROCESS AS A PAPER RESUME
- WRITE OUT EACH SECTION AND THE PLAN TO FILM IT — WILL YOU TAKE PICTURES OR FILM? INTERVIEW OTHERS? FILM YOU WORKING? DECIDE AND WRITE OUT YOUR PLAN USING THIS FORM

EXAMPLE OBJECTIVE	HOW TO CAPTURE OBJECTIVE?
I want to (name the job you want). Include what you can bring the business in this statement.	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input checked="" type="checkbox"/> Video
<i>EX. I want to bring my enthusiasm for customer service to a position as a clerk in a retail store.</i>	<i>Film what: Film of me saying this. Who will film: Shamika Place to capture film/photo: Support Agency Office</i>
YOUR OBJECTIVE	HOW TO CAPTURE OBJECTIVE?
I want to (name the job you want). Include what you can bring the business in this statement.	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input type="checkbox"/> Video
	TIME

EXAMPLE QUALIFICATIONS	HOW TO CAPTURE QUALIFICATIONS?		
<i>EX. Demonstrated attention to detail, with excellent marks on past evaluations noting concise reporting.</i>	<i>EX. Film previous employer affirming this skill set. Or get a quote from them over the phone, write it in quotes and voiceover their words on film clip.</i>		
<i>EX. Awarded Team Player 2 years in a row.</i>	<i>EX. Film of me helping coworkers or picture of awards.</i>		
YOUR QUALIFICATIONS	HOW TO CAPTURE QUALIFICATIONS?		
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TIME			



EXAMPLE WORK EXPERIENCE	HOW TO CAPTURE WORK EXPERIENCE?
WHERE: Absolutely Abigails	Download a google image of the store.
START/END DATE: Nov 2015-Dec 2020	Caption Dates worked on the image.
DUTIES: Stock inventory with attention to displays, greet customers, and offer help as needed/requested, operate cash register.	Film clips and pictures of me performing tasks, with caption and voiceover naming these duties.
BOSS: Abigail Johnson	Film Abigail noting my exceptional skill set, specifically my fashion sense, reliability and customer service.
VOLUNTEER or PAID WORK EXPERIENCE	HOW TO CAPTURE WORK EXPERIENCE?
WHERE:	
START/END DATE:	
DUTIES:	
BOSS:	
VOLUNTEER or PAID WORK EXPERIENCE	HOW TO CAPTURE WORK EXPERIENCE?
WHERE:	
START/END DATE:	
DUTIES:	
BOSS:	
	TIME

EXAMPLE EDUCATION	HOW TO CAPTURE EDUCATION?
<i>WHERE: Madison High School</i>	<input type="checkbox"/> Writing <input checked="" type="checkbox"/> Photo <input type="checkbox"/> Video <i>Google image of Madison HS</i>
<i>GRADUATION DATE: 2015</i>	<i>Caption image with graduation Date</i>
YOUR HIGH SCHOOL EDUCATION	HOW TO CAPTURE EDUCATION?
WHERE:	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input type="checkbox"/> Video
GRADUATION DATE:	
YOUR OTHER TRAINING & EDUCATION	HOW TO CAPTURE EDUCATION?
WHERE:	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input type="checkbox"/> Video
GRADUATION DATE:	
	TIME

EXAMPLE INTERESTS	HOW TO CAPTURE INTERESTS?
<i>EX. I love to read.</i>	<input type="checkbox"/> Writing <input checked="" type="checkbox"/> Photo <input type="checkbox"/> Video <i>Picture of me reading</i>
YOUR INTERESTS	HOW TO CAPTURE INTERESTS?
	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input type="checkbox"/> Video
	TIME

EXAMPLE LAST PITCH AND CONTACT INFO	HOW TO CAPTURE CONTACT?			
<i>EX. I'm a dedicated employee, who will give my all to keep your store looking good and selling clothing!</i>	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input checked="" type="checkbox"/> Video <i>Film me saying this.</i>			
YOUR LAST PITCH AND CONTACT INFO	HOW TO CAPTURE CONTACT?			
	<input type="checkbox"/> Writing <input type="checkbox"/> Photo <input type="checkbox"/> Video			
		<table border="1"> <tr> <td data-bbox="1562 514 1772 576">TIME</td> <td data-bbox="1772 514 1957 576"></td> </tr> </table>	TIME	
TIME				
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TOTAL TIME				

General Tips:

- Review our “iMovies How To” doc, and our “How to Take a Good Photo” shared files on the Egnyte link
- Dress professionally for all video and photo shots
- Have the sun or light source behind the person with the camera
- Most shots are better close up
- Make sure not to cover the microphone with your fingers
- When interviewing others for a comment, ask the question and let them talk, don't try to rehearse it
- Don't worry, you can retake shots
- Take a drink of water and then a deep breath before you talk on film
- Caption every shot and voice-over every caption to make your film accessible to everyone

